



# junior club

## SCHEDULE

MON TUE THU FRI SAT  
8:30–11:30am

WED  
4:30–7:30pm

## RATES

### Child/Children:

- May reserve space in Junior Club for up to 2 hours each day

### OR

### Per Visit:

- \$5 per hour members
- \$8 per hour guests of members

## NO SHOW/CANCELLATION POLICY

- Please call the club to cancel your reservation within one hour of your scheduled time. No shows will be charged \$5 per child.
- Call if you will be late to your reservation.
  1. If you are late for your reservation, you will still need to pick your child(ren) up at the originally scheduled time.
  2. If you do not call to let us know you are late, your reservation may be forfeited after 15 minutes.

## HEALTH & SAFETY

- Toys and surfaces will be cleaned and disinfected on a regular basis, and we will also have an air purifier in the room. As always, children who are ill will not be allowed.
- **Child-to-Staff Ratio:** One infant to one staff (3 months to 18 months) and 4 children to one staff (19 months to 10 years)

## QUESTIONS? Email

[stephanie@parkpointhealthclub.com](mailto:stephanie@parkpointhealthclub.com)

## GENERAL INFO

- Child care is available for children **3 months to 10 years old**. Reservations are required and can be made by contacting the Front Desk or our Junior Club staff. You may reserve one-hour or two-hour time slots (maximum of two hours per day) and reservations can be made up to 3 days in advance.
- A variety of activities, projects, games, and toys will be provided during Junior Club hours. Your children are welcome to bring special blankets or snuggles to make their stay more comfortable. We also encourage children to bring snacks or meals for snack break.

## FOOD POLICY

- Make sure your child has eaten before you bring them to Junior Club. A hungry child is definitely not a happy one.
- Nuts of any kind are not allowed.
- Have your child bring a favorite snack. Send a full meal with your child if they are here during a meal time.

## ILLNESS POLICY

- To maintain a healthy Junior Club environment, we ask that children with **runny nose, sneezing, cough, watery eyes, fever, rash, or general fatigue** not participate in our daycare program. Please cancel reservations as soon as possible and at least one hour prior to your reservation to avoid cancellation fees.
- We welcome doctor's notes and reserve the right to refuse participation due to illness. Absolutely no sick children will be accepted. Fever needs to be gone for at least 24 hours before children can return to junior club. If your child becomes ill while in our care, you will be contacted immediately. Please respect the staff's decisions. This policy is for the health and well-being of all Junior Club children.

## OTHER

- If a child has difficulty, you will be informed either at the end of the stay or immediately should it not be possible for them to complete their visit. At the discretion of management, children who have continued difficulties may be required to take a leave from Junior Club.

## INFANT CARE

Infant care is a rare and special service in a health club. In order for us to provide quality care, we request that you provide us the following:

- Have your infant fed prior to entry into the Club.
- Make sure diapers are clean & dry before leaving your infant in Junior Club.
- Bring a good supply of **disposable diapers**. We cannot accommodate cloth diapers.
- Send a full bottle or pacifier with your child.
- Be prepared to be paged to Junior Club if needed to change a diaper.

It is our goal to provide responsible, sensitive care to all Junior Club infants and children. If we are unable to comfort your infant, we will page you for assistance or, for the well-being of your child, we may ask you to try Junior Club on another day.