# **POOL SCHEDULE**

## PARKPOINT H E A L T H C L U B S

#### effective April 29, 2024

												LAP	SN	/IM	MII	١G												
	MON			TUE			WED			тни			FRI			SAT			SUN									
LANE	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4
5a		clo				clo D	sed D			clo				clo: D	sed D				sed									
6a	∎ ma	<b>D</b> ster	D s sv	_∎ ∕im		D	D		∎ ma	D		<b>∎</b> vim		D	D		∎ ma	<b>D</b> ister	D s sv	vim		clo	sed			clo	sed	
7a	D	D	D	D		D	D		D	D	D	D		D	D		D	D	D	D		D	D			D	D	
8a		D	D			D	D			D	D			D	D			D	D			D	D			D	D	
9a		D	D			D	D			D	D			D	D			D	D			D	D			D	D	
10a		D	D			D	D			D	D			D	D			D	D			D	D			D	D	
11a		D	D			D	D			D	D			D	D			D	D			D	D			D	D	
12p		D	D		ma	ister	s sv	vim		D	D		ma	ster	s sv	/im		D	D			D	D			D	D	
1р		D	D			D	D			D	D			D	D			D	D			D	D			D	D	
2р		D	D			D	D			D	D			D	D			D	D			D	D			D	D	
3р		D	D			D	D			D	D			D	D			D	D			D	D			D	D	
4р		D	D			D	D		you	th sw D	im gr D	oup		D	D			D	D			D	D			D	D	
5р		D	D			D	D			D	D			D	D			D	D			D	D			D	D	
6р		D	D			D	D			D	D			D	D			D	D			D	D			D	D	
7р		D	D			D	D			D	D			D	D			D	D			clos	ed*			clos	sed*	
8p	3p closed*			closed*			closed*			closed*			closed*															

\*Final lap swim reservation ends half hour before closing. Drop-in swim is available up until 15 min prior to closing. (Pools, spas, & wet areas close 15 minutes prior to closing.)

**D** = Drop-in lanes unless there is a class or event as noted in the schedule, first come, first served, up to 4 people per lane

**30-MINUTE LAP SWIMMING RESERVATIONS.** All areas in blue require reservations and are for 30-minute individual reservations. If you see an empty lane, check with the front desk before entering.

You must be clear of the lane prior to the half-hour so that the next swimmer may start on time.

Please be on time for your lap lane reservation. If you are over 5 minutes late (by the wall clock), you may forfeit your reservation if someone is waiting for a lane. In that case, you may join a drop-in lane to swim.

## PARKPOINT H E A L T H C L U B S

#### effective April 29, 2024

			WARM POO	DL AQUA AER	OBICS		
	MON	TUE	WED	THU	FRI	SAT	SUN
5a	closed	closed	closed	closed	closed		
6a						closed	closed
7a							
8a		aqua aerobics	aqua aerobics	aqua aerobics	aqua aerobics	aqua aerobics	
9a		8:30-9:30a	8:30-9:30a	8:30-9:30a	8:30-9:30a	8:30-9:30a	
10a		aqua aerobics 10–11a	aqua aerobics 10–11a	aqua aerobics 10–11a		aqua aerobics 10–11a	
11a							
12p							
1р							
2р							
3р							
4р							
5р	aqua aerobics		aqua aerobics				
6р	5:30-6:30p		5:30-6:30p				
7р						closed*	closed*
8p	closed*	closed*	closed*	closed*	closed*		

\*Pools, spas, & wet areas close 15 minutes prior to closing

Warm Pool is drop-in as long as there is not a class scheduled. Please refer to Group Exercise Schedule.