

LAP SWIMMING																												
	MON				TUE				WED				THU				FRI				SAT				SUN			
LANE	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4
5a	closed				closed				closed				closed				closed				closed				closed			
6a	masters swim				masters swim				masters swim				masters swim															
7a																												
8a																												
9a																												
10a																									Hydro HIIT 7/19-9/13			
11a																												
12p					masters swim								masters swim															
1p																												
2p																												
3p																												
4p																												
5p																												
6p																												
7p																									closed*			
8p	closed*				closed*				closed*				closed*				closed*											

*Final lap swim reservation ends half hour before closing. Drop-in swim is available up until 15 min prior to closing. (Pools close 15 minutes prior to closing.)

D = Drop-in lanes unless there is a class or event as noted in the schedule, first come, first served, up to 4 people per lane

30-MINUTE LAP SWIMMING RESERVATIONS. All areas in blue require reservations and are for 30-minute individual reservations. If you see an empty lane, check with the front desk before entering.

You must be clear of the lane prior to the half-hour so that the next swimmer may start on time.

Please be on time for your lap lane reservation. If you are over 5 minutes late, you may forfeit your reservation if someone is waiting for a lane. In that case, you may join a drop-in lane to swim.

Please see Lap Pool Guidelines for a complete list of rules and pool etiquette.

effective 5.20.2026

WARM POOL AQUA AEROBICS							
	MON	TUE	WED	THU	FRI	SAT	SUN
5a	closed	closed	closed	closed	closed	closed	closed
6a							
7a							
8a		aqua aerobics 8:30–9:30a	aqua aerobics 8:30–9:30a	aqua aerobics 8:30–9:30a	aqua aerobics 8:30–9:30a	aqua aerobics 8:30–9:30a	
9a							
10a		aqua aerobics 10–11a	aqua aerobics 10–11a	aqua aerobics 10–11a	Adult & Swim Lessons Only	aqua aerobics 10–11a	
11a							
12p							
1p							
2p							
3p							
4p							
5p	aqua aerobics 5:30–6:30p		aqua aerobics 5:30–6:30p				
6p							
7p						closed*	closed*
8p	closed*	closed*	closed*	closed*	closed*		

*Pools close 15 minutes prior to closing.

Warm Pool is drop-in as long as there is not a class scheduled. Please refer to Group Exercise Schedule.